

Coach Adam's Education includes an MBA from Capella University, a certified Hypnotherapist from Leidecker Institute in Chicago, a certified Master Practitioner of NLP ( Neuro Linguistic Programming) achieved from NLP University in Santa Cruz, California and most recently, he obtained his certification as a Reiki practitioner.

For over 18 years Coach Adam's mentoring, FLY & The Extraordinary Me Program has been positively impacting the lives of thousands youth, individuals, adults and families on personal challenges with beliefs, approach and mental blocks. Including the Illinois Youth Corrections facilities, Turning Point Counseling, Mike Ryan's Fastball USA and the Dirt Devils Softball organization.

His passion for coaching and mentoring inspired him to write his first book, **YOU ARE EXTRAORDINARY**. Soon after the book's publication, Coach Adam & the book were a segment feature on Chicago's **WGN channel 9**.

His second book **MY EXTRAORDINARY ADHD** continues to be widely received by numerous educators and students and has appeared on many bookstore shelves, including Barnes & Noble and Books A Million.

Coach Adam's mentoring, program and dedication to Mental Health Awareness has been highly sought after. He is honored and grateful for the guest appearances on tv stations, podcasts, radio stations and news articles some of which include WGN, MSN, Not Your Average Joe, The People Progressing Podcast, Don Ladas Memorial Baseball Tournament, ADHD Love, Out of the Trenches Podcast, The Staff Room Podcast & Radio, Radio Public , Cook County EM PA Education Day event, Social Vid Network, EDU and 1340 WJOL radio.

In 2020, Coach Adam launched the The Extraordinary Me Program Podcast & The Extraordinary Me Mentoring Program Podcast on Anchor. Since that time, both podcasts have been highlighted on Apple Podcasts, Google Podcasts, Radio Public and Spotify.

A husband and father of four extraordinary children, some of Coach Adam's athletic accomplishments include being a competitive 2 sport athlete for Lewis University in Basketball and Baseball, IHSA all State High School basketball player, attaining his 1<sup>st</sup> Degree Black Belt in Tae Kwon Do, being an Iron Man and Murph Challenge Finisher.