

Photography Submission Tips

Minimum Requirements:

File Type: Jpeg file (.jpg)
Size: 2 mb
Resolution: 200 dpi

Submission Guidelines

Email 1-2 digital photos
Attached files to email (Do not embed them)
Action shots are favored
Include a caption in the email about the photo including the names of the people pictured (include ages for children)

How to Determine Photo Size & Resolution

If you are unsure of the size or resolution of a photo, follow these steps:

Right Click on the photo
Click on *Properties*
Click on the *Details* tab
Scroll to the *Image* section
Resolution = *Horizontal/Vertical Resolution*
Scroll to the *File* section
File Type = *Item Type*
File size = *Size*

High Resolution Photo
Specs: 300 dpi | 2 mb
Recommended for Publication



Low Resolution Photo
Specs: 72 dpi | 31 kb
Not Suitable for Publication



How to Correct a Low Res File?

Unfortunately, there isn't a good way to correct a low res file. A low res file is missing a lot of data (so the file is smaller) and there isn't a way to recover that missing data. When most people are trying to increase the resolution of a photo it is because they want a clearer photo and there isn't a way to do it without buying expensive and complicated design software. When submitting photos to publications, use a digital camera (not a camera phone) because they will give you the best resolution and size.

Digital Cameras

For most people a digital "point & shoot camera" is an excellent camera. Many good digital "point & shoot cameras" cost about \$100, while more sophisticated digital cameras cost about \$250 & up. Recommended digital camera brands:
Canon, Nikon, Olympus, Sony

Camera Phones

It is highly recommended not to use photos from a camera phone for publishing purposes because most have a max resolution of 72 dpi. However, camera phones are a great tool for social media.

Phone brands with decent built-in cameras:
Apple, Nokia, Samsung

****TIP**** Try not to use the zoom function on a camera phone. Most camera phones use digital zoom which means the more you zoom in using the camera phone, the less quality your image will be.